CONTACT INFO

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Project coordination : Mairie d'Oletta

GET INVOLVED

Sign up for our regular newsletters, and follow us on facebook.

PARTNERS

Smart Parenting project has 6 partners from 5 EU countries :

- Mairie d'Oletta – France
- IFRTS – France
- Ljudska univerza Lendava - Slovenia
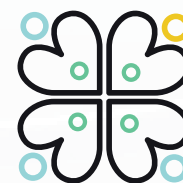- European Knowledge Spot - Greece
- GESEME– Spain
- APHVF – Cyprus

www.smartparenting-project.eu

OLETTA

IFRTS Corse
Institut Corse de Formation et Recherche en Travail Social, Médico-Social et Sanitaire

LJUDSKA UNIVERZA LENDAVA
NÉPI EGYETEM LENDVA

EUROPEAN KNOWLEDGE SPOT

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ASSOCIATION FOR THE PREVENTION AND HANDLING OF VIOLENCE IN THE FAMILY

Project n°2022-1-FR01-KA220-ADU-000087853

smart
PARENTING

Smart Parenting :

Developing Integrative on-line Parenting Courses: Strategies for Raising Children Affected by Adverse Childhood Experiences

SMART PARENTING PROJECT

Smart Parenting is a 28-month project brining together a variety of EU partners and aiming to secure a more resilient and promising future for children with Adverse Childhood Experiences by establishing a comprehensive online model of parent- support grounded on the principles of informed decision-making and positive parenting, thus contributing to the reduction in short- and long-term trauma-related symptoms of the child, and creating an inclusive environment that fosters equity and equality.

PROJECT AIMS

Smart Parenting will act like a digital recovery plan aiming to increase their competences by establishing a comprehensive high-quality online model of parent-support, grounded on the principles of informed decision-making and positive parenting thus contributing to the reduction in short- and long-term trauma-related symptoms of the child, and creating an inclusive environment that fosters equity and equality. Smart Parenting model constitutes a flexible learning offer adapted to the learning needs of every parent in need, with a special focus for families identified as being at risk for child maltreatment, improving the outreach to people with fewer opportunities, including people with disabilities or with a migrant background, as well as people living in rural and remote areas, people facing socio-economic difficulties or any other potential source of discrimination based on sex, racial or ethnic origin, religion or belief, disability, age or sexual orientation, addressing the barriers faced by these groups in accessing these opportunities and thus actively promoting social inclusion.

CONTEXT

During the pandemic, many parents have experienced increased pressures and erosions to social supports, with implications for their mental health. In a recent EU survey, the majority of parents expressed that during the pandemic, concerns about finances, social isolation, criticism from others, as well as emotional experiences of sadness and loneliness were affecting their parenting. The pandemic had negative effects on children's mental health and exacerbated societal inequality. Globally, school and child care closures and the hiatus of after-school activities has added to parental pressure to balance responsibilities, including becoming the sole providers of supervision and education for their children—all while experiencing heightened financial and emotional stress. Families, generally, are affected by the disruptions of such humanitarian- economic crises.

TARGET GROUP

Parents and caregivers
Professionals from different agencies to work with children and families (educators, trainers, teachers, family therapists, social workers, psychologists).
Governmental agencies, educational, social and health providers

ACTIVITIES IMPLEMENTED

1. Desk-based analysis of evidence-based parenting programs possessing high likelihood of producing positive results in parent-child relationship at EU & national level,

2. Development of a core Curriculum focusing on ACEs and ways to mitigate troublesome behavior,

3. Design of a Platform with Audiovisual evidence-based messages on mental health improvement,hare the Curriculum, tools and materials with stakeholders & make policy recommendations.