NEWSLETTER I MAY 2023



**Smart Parenting:** 

Developing Integrative on-line Parenting Courses: Strategies for Raising Children Affected by Adverse Childhood Experiences



We are thrilled to announce the successful launch of our groundbreaking project, «Smart Parenting,» in the beautiful town of Oletta, Corsica. In March, we joined forces with our esteemed partners to kick-start this exciting initiative.

During the launch event, we engaged in fruitful discussions about the project's main goals and outlined the vital steps that lie ahead. «Smart Parenting» aims to empower parents with innovative tools and resources, facilitating their journey through parenthood and enhancing the well-being of families in our community.

As we move forward, we are committed to closely monitoring and following up on the progress of this project. With the support of our dedicated team and the invaluable input from our partners, we are confident that «Smart Parenting» will make a lasting impact on the lives of parents and children in Oletta.

Stay tuned for further updates as we embark on this remarkable endeavor together. Together, let's shape a brighter future for parenting in Oletta, Corsica!

## **GET TO KNOW US**

Smart Parenting is a 28-month project brining together a variety of EU partners and aiming to secure a more resilient and promising future for children with Adverse Childhood Experiences by establishing a comprehensive online model of parent- support grounded on the principles of informed decision-making and positive parenting, thus contributing to the reduction in short- and long-term trauma-related symptoms of the child, and creating an inclusive environment that fosters equity and equality. Smart Parenting project has 6 partners from 5 EU countries:

- Mairie d'Oletta France
- IFRTS France
- Ljudska univerza Lendava Slovenia
- European Knowledge Spot Greece
- GESEME- Spain
- APHVF Cyprus



## **NEXT ACTIVITY**

We are excited to announce that focus groups are now underway as part of our project. In France, Slovenia, Spain, Greece, and Cyprus, we have gathered ten parents and ten professionals from each partner country to participate in discussions on existing psychological theoretical methods for parenting behavioral change. With a total of 100 participants, we aim to analyze the effectiveness of current parenting programs through the Focus Group discussions. This collaborative effort will result in a comprehensive report on expert identification and a psychological status report, highlighting the impact of these programs on participants. These discussions will help us identify gaps and needs in parenting trainings and support, and explore various theories explaining behavior change mechanisms.

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