

NEWSLETTER 3  
NOVEMBER 2023



**smart**  
PARENTING



## Smart Parenting :

**Developing Integrative on-line Parenting Courses: Strategies for Raising Children Affected by Adverse Childhood Experiences**

We are thrilled to share the exciting updates from our recent two-day meeting held in the vibrant city of Barcelona on the 3rd and 4th of October 2023. The discussions were not only insightful but also paved the way for the next phase of our project.

## HIGHLIGHTS FROM BARCELONA MEETING:

During our time together, we extensively discussed the outcomes of our efforts in our second Work Package, including the Smart Parenting Summary, Training Parenting Programmes, Experts Identification Report, Psychological Status Report, and the upcoming releases of the Parenting Behavioral-Change Future Insights Report and Smart Parenting Vision & Success Goals Guide. The collaborative spirit and shared insights from our diverse partners have significantly enriched our project.

## LOOKING FORWARD TO WP3:

As we transition into our third Work Package, we are thrilled to embark on the development of a groundbreaking initiative—the Smart Parenting Curriculum specifically targeting Adverse Childhood Experiences (ACEs). This curriculum is designed to empower parents with the knowledge and skills needed to navigate the complexities of ACEs.

## ABOUT THE SMART PARENTING CURRICULUM ON ACES:

Format: A self-directed, user-friendly online program.

Accessibility: Available for parents to work through at their own pace.

Components: Rich in content, the curriculum includes 4 Module courses, an online parent workbook, videos, exercises, downloadable tip sheets, emails, podcasts, and optional text reminders.

As we embark on this exciting journey, your continued support remains crucial. Stay tuned for more updates, and let's make Smart Parenting a positive force for families!



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<https://www.facebook.com/profile.php?id=10090829624806>

### CONTACT

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### PROJECT COORDINATION

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