

NEWSLETTER 4
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PARENTING



Smart Parenting :

Developing Integrative on-line Parenting Courses: Strategies for Raising Children Affected by Adverse Childhood Experiences

We are excited to share the latest updates from the Smart Parenting project! After months of collaboration and hard work, we are thrilled to announce that we are now ready to begin the pilot phase of our parenting training. Parents and experts have been at the heart of this process, actively contributing to shaping and refining the program.

KEY HIGHLIGHTS:

Parents' Engagement in Research & Co-Creation: Parents have played an essential role in the research phase of the project, participating in focus groups and discussions to co-create the Smart Parenting Capacity Building Course. Their insights have been invaluable in developing a program that focuses on safety, stability, and positive relationship-building practices to prevent child maltreatment.

Experts' Contribution: Family therapists, psychologists, and social workers have been deeply involved in identifying gaps and needs for an effective parenting program. Their input has shaped the training curriculum, ensuring it addresses the real-world challenges parents face and effectively reduces maltreatment risk.

Completion of Development Work: We are proud to announce that all the foundational elements of the project, including the Smart Parenting Curriculum and supporting resources, are complete. The training material focuses on four thematic subjects, each designed to support parents in their learning journey, which include exercises, videos, and podcasts.

LOOKING AHEAD:

Pilot Phase: The Smart Parenting Capacity Building Training is now ready for its pilot testing, and parents will be directly involved in this phase. Their feedback will be crucial in fine-tuning the program to ensure it meets the needs of families and effectively supports positive parenting.

Policy Recommendations and Networking: Policy recommendations will be developed and shared with key stakeholders and policymakers, offering practical strategies for preventing child maltreatment. Additionally, we are building synergies with other European networks to ensure that the project's results are widely disseminated.

Stakeholders' Engagement Plan: A robust plan is in place to engage a wide spectrum of stakeholders, including educators, social workers, and policymakers, to guarantee that the project's results have a long-term impact and continue to support families beyond the project's lifetime.

EXCITING NEWS:

The Smart Parenting Platform is now live and fully operational! We are thrilled to begin piloting the platform with parents and experts, gathering valuable feedback to make sure it provides the best possible support for families.

Stay tuned for more updates as we move forward with this important initiative. Together, we are building a brighter future for families!



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<https://www.facebook.com/profile.php?id=10090829624806>

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