

NEWSLETTER 6
AVRIL 2025



Smart Parenting : Developing Integrative on-line Parenting Courses: Strategies for Raising Children Affected by Adverse Childhood Experiences

We are delighted to share our final newsletter for the Smart Parenting initiative, an Erasmus+ KA220-ADU project that has reached a successful conclusion. Over the past months, our partnership from France, Cyprus, Spain, Greece, and Slovenia has worked hand-in-hand to accomplish all the activities we set out to achieve. We are thrilled to celebrate our journey and the outcomes we have delivered.

Below is a brief overview of our four main achievements, showcasing how the project identified best practices, developed a focused curriculum, leveraged digital tools, and involved communities throughout its implementation.

Evidence-Based Programs: Mapped existing European parenting initiatives to identify best practices and inform new resources.

ACEs-Focused Curriculum: Developed a specialized, multilingual program emphasizing prevention, positive relationships, and effective discipline strategies.

Online Platform & Audiovisual Tools: Created a user-friendly digital hub with video modules, practical tips, and mental health support messages.

Community Engagement: Conducted workshops and roundtables that brought parents, professionals, and policymakers together to refine, adopt, and sustain the project outputs.

POLICY RECOMMENDATIONS

Finally, a national-level policy recommendations is available to sustain the project's impact over the long term, emphasizing:

- The critical value of high-quality parenting support
- A holistic perspective on adverse childhood experiences
- Digital integration in parent education and well-being interventions

LOOKING AHEAD

All planned outputs have been completed, and:

- **The Smart Parenting Platform will remain active for open access**
- **Partners continue to host local workshops, even beyond the official end**
- **Curriculum and methodology remain free and adaptable for new stakeholders**

Our approach—merging evidence-based parenting education and digital resources—will continue to inspire positive change in families and communities across Europe.

THANK YOU, This success would not be possible without our consortium's dedication and the support of associated partners, local communities, and families. We encourage everyone to stay in touch, explore our resources, and champion parenting strategies that nurture children's mental health and resilience.

FOLLOW US ON FACEBOOK

Follow our page for our news, videos, articles on the subject and updates about the project :
<https://www.facebook.com/profile.php?id=100090829624806>

CONTACT
smart-parenting@googlegroups.com

WEBSITE
www.smartparenting-project.eu

PROJECT COORDINATION
Marie d'Oletta



Co-funded by
the European Union



Project n°2022-1-FR01-KA220-ADU-000087853

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.